



Eat, Paint, Laugh

Course Overview

This is 4 weeks of fun art experiences, relaxation and making new friends. No experience is needed, and beginners are welcome to try out this immersive class in which you will learn new techniques for art. Embrace your creativity and join a class.

Benefits

- Creative expression through art can benefit your brain and mental health.
- Art stimulates the imagination.
- Art opens the heart and mind to possibilities and fuels the imagination.
- Art is a process of learning to create ourselves and experience the world in new ways.

Learning Outcomes

By the end of the course you will have created:

- Tree of Life (Acrylic on Canvas)
- Beautiful Butterfly (Watercolour)
- Rock Painting (Paint Pens)
- Mandalas Made Easy (Fine Point Pens)

Course Duration

This course is a 2-hour day session from 10 am to 12 noon.

Delivery Locations

We deliver this course in the following locations

Batemans Bay

Fees & Funding

There will be a course fee of \$120.00 for this session. The course fee includes all the materials that will be used. To find out more contact the College on 02 4472 9202 or email admin@southcoastcolleges.edu.au

