



# HLTAID009 Provide Cardiopulmonary Resuscitation Refresher (CPR)

## Course Overview

This unit describes the skills and knowledge required to perform cardiopulmonary resuscitation (CPR) in line with the Australian Resuscitation Council (ARC) guidelines.

## Benefits

With CPR training, you will gain the necessary skills that are required to keep a person alive in case of a cardiac arrest. This refresher course will allow you to remain current in your skills.

## Learning Outcomes

This course gives you skills and knowledge required to perform CPR as a first responder. You will learn to:

- Respond to an emergency situation.
- Perform CPR procedures.
- Communicate details of the incident.
- Review the incident.

## Career Opportunities

- For those working in community groups, sports, construction, hospitality
- Those in a caregiver role

## Course Duration

This course is a half day (1/2) day session from 8:30 am to 12 noon.

## Unit/s of Competency

HLTAID009 Provide Cardiopulmonary Resuscitation

## Entry Requirements

You must:

- have completed HLTAID009 Provide cardiopulmonary resuscitation or HLTAID011 Provide First Aid less than three years ago to access this refresher course.
- attend face to face training.
- be over 14 years old.

## Assessment

You will be assessed using a combination of theory and practical assessments. These assessments will be completed in class time. To be marked competent in and HLTAID009 – Provide Cardiopulmonary Resuscitation (CPR), students must be able to spend a minimum of 2 minutes kneeling on the floor when doing CPR. These are guidelines from the Australian Resuscitation Council that must met.

## Accreditation & Award

On successful completion of your training and assessment you will be eligible to receive a Statement of Attainment in HLTAID009 Provide Cardiopulmonary Resuscitation. This certificate is valid for one year.

## Delivery Locations

We deliver this course in the following locations

**Batemans Bay**

**Merimbula**

**Ulladulla**

## Fees & Funding

Provide Cardiopulmonary Resuscitation costs \$90.00, To register or find out more contact us on 02 4472 9202 or email [admin@southcoastcolleges.edu.au](mailto:admin@southcoastcolleges.edu.au)