



# Tech Savvy for Seniors

## Course Overview

Tech Savvy Seniors delivers low-cost digital literacy training to seniors so they can develop the skills and confidence to access information and services online. The program provides training in computers, tablets, and smart phones to help seniors to stay connected with their families, friends and communities. It delivers real health, social and community benefits, especially for those in rural and remote areas.

Tech Savvy Seniors NSW is a partnership between the NSW Government and Telstra. It is a key initiative of the NSW Ageing Strategy. The partnership helps bridge the gap between those seniors who use technology and those who don't.

## Target Audience

The course is designed for all individuals interested in learning how to develop their skills and confidence with computers, smart phones, and tablets.

## Benefits

This program was designed to support older people get connected, and participate in the ever-increasing online world, with the real objective of increasing digital inclusion amongst the ageing, and helping reduce social isolation

## Course Duration

This course runs for six (6) hours, one (1) day a week for ten (10) weeks,.

## Entry Requirements

- Must be +55 years of age , (Indigenous +50 years.)
- Have your own device which could be a computer, tablet or mobile phone

## Delivery Locations

We deliver this course in the following locations

### Batemans Bay

## Fees & Funding

This course is subsidised by the NSW Government in partnership with Telstra. To find out more about the course or to register contact us on on 02 4472 9202 or email

[admin@southcoastcolleges.edu.au](mailto:admin@southcoastcolleges.edu.au)

