



# Tech Savvy for Seniors

## Course Overview

Tech Savvy Seniors delivers low-cost digital literacy training to seniors so they can develop the skills and confidence to access information and services online. The program provides training in computers, tablets, and smart phones to help seniors to stay connected with their families, friends and communities. It delivers real health, social and community benefits, especially for those in rural and remote areas.

Tech Savvy Seniors NSW is a partnership between the NSW Government and Telstra. It is a key initiative of the NSW Ageing Strategy. The partnership helps bridge the gap between those seniors who use technology and those who don't.

## Target Audience

The course is designed for all individuals interested in learning how to develop their skills and confidence with computers, smart phones, and tablets.

## Benefits

This program was designed to support older people get connected, and participate in the ever-increasing online world, with the real objective of increasing digital inclusion amongst the ageing and helping reduce social isolation.

## Course Duration

This course runs every Thursday 9 am to 12 noon for 9 weeks. You can do 9 weeks or select to attend according to your level of expertise and the level of support and learning you need.

Beginners: Weeks 1- 4 Introduction to the internet part 1 and 2, introduction to email part 1, introduction to smart phones, online shopping, social media, tablets- iPad/android part 1.

Intermediate: Weeks 5 - 8 Introduction to the internet part 3, email Part 2 and 3, NSW Seniors' Card, NSW Transport apps, social media Part 2, sharing photos and other attachments.

Advanced: Week 9 Introduction to online shopping and banking Part 2, introduction to social media Part 3, and introduction to video calling

## Entry Requirements

- Must be +55 years of age, (Indigenous +50 years.)
- Your own device which could be a computer, tablet or mobile phone is preferred however student laptops are available for loan in class time if required.

## Delivery Locations

We deliver this course in the following locations.

### Batemans Bay

## Fees & Funding

This course is subsidised by the NSW Government in partnership with Telstra. To find out more about the course or to register contact us on 02 4472 9202 or email

[admin@southcoastcolleges.edu.au](mailto:admin@southcoastcolleges.edu.au)

