



Statement of Attainment in Individual Support (Personal Support, Healthy Body Systems, Safe Work Practices for Direct Client Care)

Course Overview

This skill set provides the skills and knowledge required for entry level roles in individual support. Students will learn about determining and responding to client individual physical support needs and how to support the activities of daily living. This includes practices to ensure own health and safety as well as the clients for whom they are directly caring. This training will also include basic information about the human body and how to recognise and promote ways to support clients to maintain healthy functioning of their body.

Benefits

- Enhanced career opportunities for entry level roles as community care and personal care workers, particularly for older clients
- Access to experienced trainers and community sector experts

Learning Outcomes

In this course you will learn how to:

- Determine personal support requirements and provide support that encourages individual participation
- Complete workplace documentation and contribute to continuous improvement
- Recognize and promote ways to support healthy functioning of the body
- Follow safe work practices for direct client care including manual handling and infection control

Career Opportunities

This statement of attainment provides a pathway to entry into the community care sector in the areas of home care, disability support and aged care. These units of competency from HLT Health and CHC Community Services Training Packages meet industry requirements to provide basic entry level care and / or provide support to fully qualified carers in aged care and disability support contexts. Potential employment options are as a direct support worker in aged care, disability, home and community care or other direct care work in the community services industry. Students who complete this course may wish to continue their education into a range of other community services qualifications.



Course Duration

This course runs for six (6) weeks, 2 days per week 9 am to 3.30 pm. In addition students are required to undertake approximately eight (8) hours per week self-paced learning.

Units of Competency

The topics covered include:

- CHCCCS011 Meet personal support needs
- HLTWHS002 Follow safe work practices for direct client care
- HLTAAP001 Recognise healthy body systems

Entry Requirements

You must attend face to face training. Please note that you will need reading skills to be able to read and interpret policies, procedures, and client documents. Students will need to undertake a short language, literacy and numeracy quiz prior to enrolment. This quiz will help us to determine the appropriate level of academic support that will be needed to help you to successfully complete your training and assessment.

To access any funding if it is available, you must be:

- 15 years of age or older
- no longer at school;
- Australian citizen, Australian permanent resident, Australian humanitarian visa holder or New Zealand citizen;
- living or working in NSW.

Assessment

You will be assessed using a combination of theory and practical assessments. These assessments will be completed in class time.

Accreditation & Award

On successful completion of your training and assessment you will be eligible to receive a Statement of Attainment in Individual Support for the units listed above.

Delivery Locations

We deliver this course in the following locations

Batemans Bay

Fees & Funding

If you would like to find out more about the course, obtain a quote or to discuss any potential opportunities to access funding, please, call the College on 02 4472 9202 or v email us on admin@southcoastcolleges.edu.au

