



HLTAID011 Provide First Aid

Course Overview

This unit describes the skills and knowledge required to provide a first aid response to a casualty in line with first aid guidelines determined by the Australian Resuscitation Council (ARC) and other Australian national peak clinical bodies.

This unit meets the requirements of a 'senior first aider' and incorporates hands-on CPR demonstrations on both adults and infants with and without the use of a pocket mask. It also covers asthma attack management, anaphylaxis treatment and basic life support techniques.

This certificate has 3-year validity.

Target Audience

The unit applies to all people who may be required to provide a first aid response in a range of situations, including community and workplace settings.

Benefits

Provide First Aid has the benefits of allowing those trained with the potentially life-saving ability to assist an injured or ill person during a variety of emergency situations.

Knowledge in First Aid benefits the individuals themselves regardless of whether an emergency affects them directly or involves people they live and work with.

While everyone can benefit from First Aid knowledge and training it is an even greater benefit to those working or living with individuals who require ongoing special attention or treatment.

Learning Outcomes

In this course you will learn how to:

- Respond to an emergency situation
- Apply appropriate First Aid procedures to a variety of situations including performing cardiopulmonary resuscitation and the correct use of first aid equipment.
- Communicate details of the incident – including workplace documentation and / or to emergency services in attendance.
- Review the incident including ensuring the wellbeing of self and others.



Career Opportunities

- For those working in community groups, sports, construction, hospitality
- Those in a caregiver role

Course Duration

This course runs for one (1) day from 9.00 am to 5.00 pm in Merimbula **OR** 8.30 am to 4.30 pm in Batemans Bay.

Pre-Requisites

There are no formal pre-requisites to access this training, however, there is a pre-course online component that **MUST** be completed 48 hours prior to your course start date. If this is not completed, you will not be accepted on the day of your training. It will take approximately 3-4 hours to complete.

You will receive a separate email with a link and log in details to complete your online pre-course work. If you do not receive this email, please check junk mail folders.

Attending face to face training is a requirement for course completion.

Entry Requirements

To access any available funding you must be:

- Must be at least 15 years of age to attend the course
- no longer at school;
- an Australian citizen, Australian permanent resident, Australian humanitarian visa holder or New Zealand citizen;
- living or working in NSW;

You must also have language, literacy, and numeracy (LLN) skill sufficient to complete the course. For example, to be able to read materials relevant to the course and participate in discussions. You will need to complete a short Language Literacy and Numeracy quiz which will assist the College to determine the level of support the you will need to successfully complete your learning. This quiz must be completed prior to course commencement.

Assessment

You will be assessed with a combination of online questions and practical demonstrations. To be marked competent in HTLAID0011 - Provide First Aid and HLTAID009 – Provide Cardiopulmonary Resuscitation (CPR), students must be able to spend a minimum of 2 minutes kneeling on the floor when doing CPR to be able to participate in a class. These are guidelines from the Australian Resuscitation Council that must met.

Accreditation & Award

On successful completion of this course and the assessments you will receive a Statement of Attainment in HLTAID011 Provide First Aid.

Delivery Locations

We deliver this course in the following locations

Batemans Bay

Fees & Funding

The course fee is \$150.00. This course is subsidised by the NSW Government under the NSW ACE Program for eligible students. If you would like to find out more about the eligibility criteria, the course or to register, contact us on 02 4472 9202 or email admin@southcoastcolleges.edu.au

