



CHCSS00129 - Individual Support – Ageing Skill Set

Course Overview

This course covers skills for providing person-centred support to older people in various settings, within the delegations of an established individualised plan. This skill set will cover skill relating to the provision of individual support and including information and skills to allow the individual to work effectively in aged care, facilitate the empowerment of people receiving support, provide support to people living with dementia and deliver care services using a palliative approach.

Target Audience

This skill set is for individuals who hold a qualification at Certificate III level or higher in Community Services, Health or a related field, work in various care and support roles and who wish to develop skills in providing person-centred support to older people, within the delegations of an established individualised plan. This course is also suitable for individuals who are:

- seeking to pursue a career in individual support.
- seeking to enhance their skills and employment options in the community services sector

Benefits

- Opportunity to enhance skills and job options
- Access to experienced community sector and care workers

Learning Outcomes

In this course you will learn how to provide individual support including how to:

- Implement care strategies according to a personal support plan;
- Work effectively in aged care including facilitating the empowerment of older people receiving support and assisting them to implement self-care strategies;
- Communicate with and support those living with dementia;
- Provide palliative care including respecting preferences for quality of life choices and following the individual's advance care directives.

Career Opportunities

Students who complete this course may wish to continue their education into a range of other community services qualifications. These units provide credit towards a range of qualifications in the CHC Community Services Training Package or HLT Health Training Package at Certificate IV and Diploma level.

Potential employment options are as a direct support worker in aged care, disability, home and community care or other direct care work in the community services industry.



Course Duration

This course is delivered over a ten (10) week period, 1 days per week 9 am to 3.30 pm. Students will be required to complete structured self-paced learning of approximately 10 hours per week. Students will undertake supervised practical experience at a minimum of 8 hours per week.

Units of Competency

- CHCAGE011 Provide support to people living with dementia
- CHCAGE013 Work effectively in aged care
- CHCCCS038 Facilitate the empowerment of people receiving support
- CHCCCS031 provide individualised support
- CHCPAL003 Deliver care services using a palliative approach

Entry Requirements

To access this training, students will:

- be working in a care sector support role at least six hours per week
- hold a Certificate III level or higher qualification in an area involving provision of direct client care and support.

To access any funding if it is available, students must be:

- at least 15 years of age;
- no longer at school;
- an Australian citizen, Australian permanent resident, Australian humanitarian visa holder or New Zealand citizen;
- living or working in NSW.

Students must also have language, literacy, and numeracy (LLN) skill sufficient to complete the course, for example, to read materials relevant to the course, participate in discussions and role plays and apply numerical concepts such as time management.

Proficiency in English is required to meet industry standards to check and interpret client information This will be tested through a LLN quiz as part of the course entry process which will assist the College to determine the level of support the student will need to successfully complete your learning. Students will need to achieve ACSF level 2 for reading, writing, numeracy, and oral communication to enter the course.

Assessment

You will be assessed using a combination of theory and practical assessments. These assessments will be completed in **class time and on the job**.

Accreditation & Award

On successful completion of your training and assessment you will be eligible to receive CHCSS00129 – Individual Support – Ageing Skill Set.

Delivery Locations

Batemans Bay

Fees & Funding

There may be funding available for this course, If you would like to find out more about the course, obtain a quote or to discuss any potential opportunities to access funding, please call the College on 02 4472 9202 or email us on admin@southcoastcolleges.edu.au

