



# CHCSS00130 – Individual Support – Disability Skill Set

## Course Overview

This course covers skills for providing person-centred support to people with disability in various settings. It includes the skills associated with working successfully in the disability support sector and facilitating the empowerment of people receiving support, including facilitating community participation and social inclusion.

## Target Audience

This skill set is for individuals who hold a qualification at Certificate III level or higher in Community Services, Health or a related field, work in various care and support roles and who wish to develop skills in providing person-centred support to people with disability. This course is also suitable for individuals who are:

- seeking to pursue a career in individual support.
- seeking to enhance their skills and employment options in the community services sector

## Benefits

- Opportunity to enhance skills and job options
- Access to experienced community sector and care workers

## Learning Outcomes

In this course you will learn how to work effectively in the disability support sector including:

- Implement care strategies according to a personal support plan;
- Work effectively in disability support including facilitating the empowerment of older people receiving support and assisting them to implement self-care strategies;
- Implement strategies for community participation and inclusion;
- Support individuals with disability to access learning opportunities and enhance skills development.

## Career Opportunities

Students who complete this course may wish to continue their education into a range of other community services qualifications. These units provide credit towards a range of qualifications in the CHC Community Services Training Package or HLT Health Training Package at Certificate IV and Diploma level.

Potential employment options are as a direct support worker in aged care, disability, home and community care or other direct care work in the community services industry.



## Course Duration

This course is delivered over an eight (8) week period 1 day per week 9 am to 3.30 pm. Students will be required to complete structured self-paced learning of approximately 8 hours per week. Students will undertake supervised practical experience at a minimum 6 hours per week.

## Units of Competency

- CHCCCS038 Facilitate the empowerment of people receiving support
- CHCDIS011 Contribute to ongoing skills development using a strengths-based approach
- CHCDIS012 Support community participation and social inclusion
- CHCDIS020 Work effectively in disability support

## Entry Requirements

To access this training, students will:

- be working in a care sector support role at least six hours per week
- hold a Certificate III level or higher qualification in an area involving provision of direct client care and support.
- have language, literacy, and numeracy (LLN) skill sufficient to complete the course, for example, to read materials relevant to the course, participate in discussions and role plays and apply numerical concepts such as time management. Students will need to undertake a short Language, Literacy and Numeracy quiz prior to enrolment. This quiz will help us to determine the appropriate level of academic support that will be needed to successfully complete your training and assessment.
- proficiency in English is required to meet industry standards to check and interpret client information This will be tested through a LLN quiz as part of the course entry process which will assist the College to determine the level of support the student will need to successfully complete your learning. Students will need to achieve ACSF level 2 for reading, writing, numeracy, and oral communication to enter the course.

To access any funding if it is available, students must be:

- at least 15 years of age;
- no longer at school;
- an Australian citizen, Australian permanent resident, Australian humanitarian visa holder or New Zealand citizen;
- living or working in NSW.

## Assessment

You will be assessed using a combination of theory and practical assessments. These assessments will be completed in class time and on the job.

## Accreditation & Award

On successful completion of your training and assessment you will be eligible to receive CHCSS00130 – Individual Support – Disability Skill Set.

## Delivery Locations

Batemans Bay

## Fees & Funding

This course is subsidised by the NSW Government. If you would like to find out more about the course or to discuss eligibility criteria to access funding, please call the College on 02 4472 9202 or email us on [admin@southcoastcolleges.edu.au](mailto:admin@southcoastcolleges.edu.au)

