



HLTAID009 Provide Cardiopulmonary Resuscitation Refresher (CPR)

Course Overview

This unit describes the skills and knowledge required to perform cardiopulmonary resuscitation (CPR) in line with the Australian Resuscitation Council (ARC) guidelines. This is a refresher unit for those who have already completed either HLTAID011 Provide first aid or this unit and require their annual CPR update.

Benefits

With CPR training, you will gain the necessary skills that are required to keep a person alive in case of a cardiac arrest. This refresher course will allow you to remain current in your skills.

Learning Outcomes

This course gives you skills and knowledge required to perform CPR as a first responder. You will learn to:

- Respond to an emergency situation.
- Perform CPR procedures.
- Communicate details of the incident.
- Review the incident.

Career Opportunities

- For those working in community groups, sports, construction, hospitality
- Those in a caregiver role

Course Duration

This course is a half day (1/2) day session from 8:30am to 11.30 am Batemans Bay **OR** 9.00 am to 12 noon at Merimbula.

Unit/s of Competency

HLTAID009 Provide Cardiopulmonary Resuscitation



Pre-requisites

There are no formal pre-requisites to access this training, however, there is a pre-course online component (including a short Language, Literacy and Numeracy quiz), that MUST be completed 48 hours prior to your course start date. If this is not completed, you will not be accepted on the day of your training. It will take approximately a maximum of two hours to complete.

You will receive a separate email with a link and log in details to complete your online pre-course work. If you do not receive this email, please check junk mail folders.

Entry Requirements

You must:

- have completed HLTAID009 Provide cardiopulmonary resuscitation or HLTAID011 Provide First Aid less than three years ago to access this refresher course.
- attend face to face training.
- be over 14 years old.

Assessment

You will be assessed using a combination of theory and practical assessments. These assessments will be completed in class time. To be marked competent in and HLTAID009 – Provide Cardiopulmonary Resuscitation (CPR), students must be able to spend a minimum of 2 minutes kneeling on the floor when doing CPR. These are guidelines from the Australian Resuscitation Council that must met.

Accreditation & Award

On successful completion of your training and assessment you will be eligible to receive a Statement of Attainment in HLTAID009 Provide Cardiopulmonary Resuscitation. This certificate is valid for one year.

Delivery Locations

We deliver this course in the following locations

Batemans Bay

Merimbula

Fees & Funding

Provide Cardiopulmonary Resuscitation costs \$90.00, To register or find out more contact us on 02 4472 9202 or email admin@southcoastcolleges.edu.au

