



## Community Services and Health Industry Professional Development

South Coast Careers College offers employees of the Health and Community Services sector access to quality, flexible and cost-effective education and training.

The College has identified demand for upskilled and specialised Health and Community Services workers on the South Coast. We have put together this list of professional development skill sets to address the growing needs of local employers and existing workers.

These short courses are suitable for employees who work in the community or in a facility, from disability support workers to allied health practitioners, leaders, business support staff, students and volunteers. These courses provide information on changes in the sector and allow students to maintain a relationship with other industry employees in our region.

It is imperative to build and maintain capable, professional and engaged staff who are committed to delivering high-quality support to the client.

BSBMED301

## Interpret and Apply Medical Terminology Appropriately

Statement of Attainment - includes 1 unit of competency:

- BSBMED301 Interpret and apply medical terminology appropriately



Delivery: Two full day workshops (9.30am - 3pm) or four evening classes (5.30pm - 9pm)



Working in medical environments requires knowledge of how to use medical terminology correctly. This course will provide you with a recognised Statement of Attainment. You will improve your basic and advanced medical terminology, understand and respond better to instructions, use appropriate written and verbal terminology, and communicate confidently with a range of medical professionals.

CHCSS00080

## Introduction to Leisure and Health Skill Set

Statement of Attainment, includes 3 units of competency:

- CHCLAH001 Work effectively in the leisure and health industries
- CHCLAH002 Contribute to leisure and health programming
- CHCLAH003 Participate in the planning, implementation and monitoring of individual leisure and health programs



Delivery: Three full day workshops (9.30am - 3pm) one session each fortnight.

This skill set is for people working in various care and support roles in the community services and health sectors, who wish to develop leisure and health skills to further their career development. Students will be existing workers in industry. Final assessment and observation will be in the workplace delivering the planned leisure session.

CHCCS00071

## Basic Foot Care Skill Set

Statement of Attainment, includes 3 units of competency:

- CHCCCS011 Meet personal support needs
- CHCCCS013 Provide basic foot care
- HLTWHS002 Follow safe work practices for direct client care



Delivery: Three full day workshops (9.30am - 3pm) one session each fortnight.

This skill set is for people working in various care and support roles in the community services and health sectors who wish to develop leisure and health skills to further their career development. Students will be existing workers in industry. Final assessment and observation will be in the workplace delivering the planned leisure session.


**FUNDING**

**Wherever you see this symbol  
fee-free places are available  
for eligible participants**

CHCSS000075

## Chronic Disease Self-Management Skill Set

Statement of Attainment, includes 2 units of competency:

- CHCCCS001 Address the needs of people with chronic disease
- CHCCCS023 Support independence and wellbeing

Delivery: Two full day workshops (9.30am – 3pm) one session each fortnight.



This skill set has been endorsed by industry as appropriate for people who hold a community services or health qualification at Certificate IV level, or higher or commensurate industry skills as evaluated through recognition of prior learning processes. It provides a set of skills required to assist clients with self-management of chronic disease. Final assessment and observation will be in the workplace. Students will be existing workers in industry.

CHCSS000067

## Administer and Monitor Medication Skill Set

Statement of Attainment, includes 2 units of competency:

- HLTAAP001 Recognise healthy body systems
- HLTHPS007 Administer and monitor medications

Delivery: Three full day workshops (9.30am – 3pm) one session each fortnight.



This skill set is for people working in various care and support roles in the community services or health sector who wish to develop skills in the administration and monitoring of medications. This skill set has been endorsed by industry as suitable for individuals who hold a qualification at Certificate IV level or higher in an area involving provision of direct client care or support. Final assessment and observation will be in the workplace (multiple occasions, medications, residents). Students will be existing workers in industry.

CHCSS000069

## Advocacy Skill Set

Statement of Attainment, includes 2 units of competency:

- CHCADV001 Support the interests and rights of clients
- CHCADV002 Provide advocacy and representation services

Delivery: Two full day workshops (9.30am – 3pm) one session each fortnight.



This skill set reflects the skill requirements for work in advocating or representing clients in the health or community sector. This skill set has been endorsed by industry as suitable for individuals who: hold a qualification at Certificate III level or higher in related field; or, have skills equivalent to the qualification requirement validated through a recognition of prior learning process. Final assessment and observation will be in the workplace. Students will be existing workers in industry.

CHCSS000076

## Coordinate Client Directed Services

Statement of Attainment, includes 3 units of competency:

- CHCMGT001 Develop, implement and review quality framework
- CHCMGT002 Manage partnership agreements with service providers
- CHCMGT006 Coordinate client directed services

Delivery: Three full day workshops (9.30am - 3pm) one session each fortnight.

This skill set is for workers with existing experience or qualifications in community services or health sector roles seeking to broaden their skills. Endorsed by industry as suitable for individuals who: hold a qualification at Certificate III level or higher in community services or health or related field; or, have skills equivalent to the qualification requirement validated through a recognition of prior learning process. Final assessment and observation will be in the workplace. Students will be existing workers in industry.



CHCSS000078

## High Support and Complex Care - Aged Care Skill Set

Statement of Attainment, includes 4 units of competency:

- HLTHPS006 Assist clients with medications
- CHCAGE003 Coordinate services for older people
- CHCAGE004 Implement interventions with older people at risk
- CHCPAL001 Deliver care services using a palliative approach

Delivery: Four full day workshops (9.30am - 3pm) one session per fortnight.

This skill set has been endorsed by industry as suitable for individuals who hold a qualification at Certificate III level or higher in an area involving provision of direct client care or support. Suitable for people working in various care and support roles in the community services sector, who wish to develop skills in supporting people with complex care needs requiring high levels of support in an aged care work context. Final assessment and observation will be in the workplace. Students will be existing workers in industry.



## High Support and Complex Care - Disability Skill Set

Statement of Attainment, includes 4 units of competency:

- CHCDIS004 Communicate using augmentative and alternative communication strategies
- CHCDIS005 Develop and provide person-centred service responses
- CHCDIS010 Provide person-centred services to people with disability with complex needs
- HLTHPS007 Administer and monitor medications

Delivery: Six full day workshops (9.30am – 3pm) one session per fortnight.

Perfect for people working in various care and support roles in the community services industry who wish to develop skills in supporting people with complex care needs requiring high levels of support in a disability work context. This skill set has been endorsed by industry as suitable for individuals who hold a qualification at Certificate III level or higher in an area involving provision of direct client care or support. Final assessment and observation will be in the workplace (multiple occasions, medications, residents). Students will be existing workers in industry.



## Dementia Support - Service Delivery Skill Set

Statement of Attainment, includes 4 units of competency:

- CHCAGE005 Provide support to people living with dementia
- CHCCCS008 Develop strategies to address unmet needs
- CHCCCS009 Facilitate responsible behaviour
- CHCCCS020 Respond effectively to behaviours of concern

Delivery: Four full day workshops (9.30am – 3pm) one session per fortnight.

This skill set is for people working in various care and support roles in the community services sector who wish to develop skills in supporting people with dementia.

Endorsed by industry as suitable for individuals who have substantial industry skills, knowledge and experience, on the job training and development along with supervisor assessment of capacity.



CHCSS000096

## Disability Work - Behaviour Support Skill Set

Statement of Attainment, includes 2 units of competency:

- CHCDIS002 Follow established person-centred behaviour supports
- CHCDIS006 Develop and promote positive person-centred behaviour supports

Delivery: Three full day workshops (9.30am – 3pm) one session each fortnight.

Designed for people working in various care and support roles in the community services industry who wish to develop skills in supporting people with disability who have behaviours of concern. This skill set has been endorsed by industry as suitable for individuals who: have skills equivalent to the qualification requirement validated through a recognition of prior learning process, or, hold a qualification at Certificate III level or higher in an area involving provision of direct client care or support. Final assessment and observation will be in the workplace. Students will be existing workers in industry.



CHCCS00105

## Palliative Approach Skill Set

Statement of Attainment, includes 2 units of competency:

- CHCCCS017 Provide loss and grief support
- CHCPAL001 Deliver care services using a palliative approach

Delivery: Three full day workshops (9.30am – 3pm) one session each fortnight.

This skill set is for people working in various care and support roles in the community services industry who wish to develop skills in supporting people who require palliative care. Obtain training in grief and loss support and delivering care services using a palliative approach. Final assessment and observation will be in the workplace. Students will be existing workers in industry.



HLTSS000049

## Oral Health Care Skill Set

Statement of Attainment, includes 3 units of competency:

- HLTOHC001 Recognise and respond to oral health issues
- HLTOHC002 Inform and support patients and groups about oral health
- HLTOHC004 Provide or assist with oral hygiene

Delivery: Three full day workshops (9.30am – 3pm) one session each fortnight.

This skill set provides skills for promoting good oral health to clients and groups through the provision of visual oral health checks, educational and motivational information including the demonstration of oral hygiene practices and techniques where appropriate. Suggested for those who have skills equivalent to the qualification, such as for workers with existing experience or qualifications in health sector roles seeking to broaden their skills. Final assessment and observation will be in the workplace. Students will be existing workers in industry.



HLTSS000051

## Allied Health Assistance - Community Rehabilitation Skill Set

Statement of Attainment, includes 2 units of competency:

- HLTAHA004 Support client independence and community participation
- HLTAHA024 Work within a community rehabilitation environment

Delivery: Three full day workshops (9.30am - 3pm) one session each fortnight.

This skill set has been endorsed by industry as suitable for individuals working in the health industry who wish to develop skills in community rehabilitation assistance. These units provide credit towards a range of qualifications in the HLT Health Training Package, including HLT43015 Certificate IV in Allied Health Assistance. Final assessment and observation will be in the workplace. Students will be existing workers in industry.



HLTSS000052

## Allied Health Assistance - Nutrition and Dietetics Skill Set

Statement of Attainment, includes 4 units of competency:

- HLTAHA018 Assist with planning and evaluating meals and menus to meet recommended dietary guidelines
- HLTAHA019 Assist with monitoring and modification of meals and menus according to individualised plans
- HLTAHA020 Support food services in menu and meal order processing
- HLTAHA021 Assist with screening and implementation of therapeutic diets

Delivery: Three full day workshops (9.30am - 3pm) one session each fortnight.

This skill set has been endorsed by industry as suitable for individuals working in the health industry who wish to develop skills in community rehabilitation assistance. These units provide credit towards a range of qualifications in the HLT Health Training Package, including HLT43015 Certificate IV in Allied Health Assistance. Final assessment and observation will be in the workplace. Students will be existing workers in industry.



Check these courses out if you're looking to enter or develop your career pathway in the Health Industry!

HLT43015

## Cert IV in Allied Health Assistance

Are you working in the health care, hospitals, aged care, community or disability sector already and would like your formal qualification? There are many opportunities that can be gained through the Cert IV Assistance in Allied Health qualification including but not limited to Rehabilitation Assistant, Lifestyle Officer and Physio Aide, Occupational Therapist Assistant, Support Worker, Team Leader and Coordinator Roles. These roles offer a chance for you to get that promotion, or obtain work in a unique role often specialising in rehabilitation, nutrition, and lifestyle. With the current trends in independence, well-being and consumer choice, there is a greater demand for health workers to meet the changing needs of the community. With the introduction of the National Disability Insurance Scheme (NDIS) and ever-growing Aged Care population, it is anticipated the health, aged care, community, and disability workforce will need to more than double. South Coast Careers College is offering Accredited Training for new or existing Disability Workers in Ulladulla and Batemans Bay in preparation for the NDIS.

HLT54115

## Diploma of Nursing (Enrolled Nursing)

The Diploma of Nursing has been designed to equip students with the up-to-date skills and professional insight you need to develop a long lasting career safeguarding the health of others. Throughout the course, you will be equipped with the essential skills required to work as an Enrolled Nurse within a variety of health and aged care settings. This nursing course is your chance to start a career working in one of our most vital industries. A graduate from a Diploma of Nursing program, approved by the Nursing and Midwifery Board of Australia (NMBA), is able to apply for registration with AHPRA as an enrolled nurse.

The course is also appropriate for those who have been working as an AIN/PCA/HAS and wish to move to the next level. If you are looking for a change in career or are looking to start your career in Nursing, this is the course for you! The Diploma of Nursing assumes no prior knowledge of Nursing, so NO nursing background is required. South Coast Careers College implements a variety of methods to meet individual learning needs. Blended learning is a key component that includes a combination of face-to-face, virtual, online, self-directed, text and workplace-based learning opportunities. On-the-job learning takes place in a workplace and can be via employment or a work placement. This type of learning allows you to get hands-on, practical experience. Nursing is a community service career. The nursing field is a growing one and nurses are in high demand. Job security is high!